



Privacy Policy

Our Privacy Policy was last updated on 1 August 2022.

This Privacy Policy explains how Ridge Runners (“RR”, “we” or “us”) collects, uses, and discloses information about you when you access or use our mobile application (the “Services”), and when you contact our customer service team, engage with us on social media, or otherwise interact with us.

We use your personal data to provide and improve the Service. By using the Service, you agree to the collection and use of information in accordance with this privacy policy.

We may update our privacy policy from time to time and will notify you of any changes by posting the new privacy policy on this page. We will let you know via email and/or a prominent notice on our Service, prior to the change becoming effective and update the "Last updated" date at the top of this privacy policy. You are advised to review this privacy policy periodically for any changes. Changes to this privacy policy are effective when they are posted on this page.

How We Collect Your Information

Types of Data Collected

While using our Service, you voluntarily gave us certain information. Information may include, but is not limited to:

- Email address
- First name and last name
- Phone number

You also may give us permission to access your information in other services. For example, you may link your Facebook account (“SNS Accounts”) to your account on the Services (your “Ridge Runner Account”), which allows us to obtain information from those SNS Accounts (depending upon the service, information such as your friends or contacts). The information we get from those services often depends on your settings or their privacy policies, please check what those are.

You can access and change your profile information anytime, link or unlink the account from another service (such as your SNS accounts).

In order to provide features of our application, we may collect, with your prior permission:

- Information regarding your location

We use this information to provide features of our Service, to improve and customize our Service. You can enable or disable access to this information at any time, through your device settings.

Usage of Your Information

Ridge Runners may use your personal data in the following situation:

- To provide and maintain our Service, including to monitor the usage of our Service.
- To manage your registration as a user of the Service. The personal data you provide can give you access to different functionalities of the Service that are available to you as a registered user.

Some of the information we request may be collected by third party providers. They may have access to your personal data. The information collected about your activity on our Service may be use in accordance with their privacy policies.

Contact Us

If you have any questions about this Privacy Policy, please contact us at <enquiry@keepfitlivehealthy.com>